



## About the Seminar:

POSHAN (Prime Minister's Overarching Scheme for Holistic Nutrition) Abhiyaan is a Multi-Ministerial Convergence Mission with the vision to ensure the attainment of Malnutrition Free India by 2022. The Government launched the POSHAN Abhiyaan, earlier known as National Nutrition Mission, on March 08, 2018, to address the problem of malnutrition in the country. The Abhiyan aims to reduce malnutrition in the country in a phased manner through a life cycle approach.

Under the POSHAN Abhiyaan, 'Rashtriya Poshan Maah' is celebrated each year in September with the aim to create awareness about nutrition and healthy food. The objective of the Seminar is to discuss the importance of this mission in our national life.

**Organized by:**

**Department of Food and Nutrition**

**In collaboration with**

**Internal Quality Assurance Cell**

**Sarojini Naidu  
College for Women**



**STATE LEVEL  
SEMINAR FOR THE  
CELEBRATION OF  
RASHTRIYA  
POSHAN MAAH**

*23<sup>rd</sup> September 2019*



## Resource Person

### Dr. Sankar Kumar Nath

Consultant Oncologist, Kolkata

### Dr. Sruti Kumar Bera

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*“By choosing healthy over  
skinny, you are choosing  
self-love over self-judgment.”*  
– Steve Maraboli

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## About the College:

Founded on the 14th of August 1956 as a college dedicated to the rehabilitation of refugees, Sarojini Naidu College for Women is one of the premier institutions for women’s education in the northern suburbs of Calcutta. Initially affiliated to Calcutta University, it now enjoys affiliation under the West Bengal State University and offers quality education in Arts, Commerce, Science and Management streams.

SNCW is dedicated to the advancement of knowledge, learning and understanding in the service of society. The college has a dedicated and sincere faculty for whom the general well-being of the students is of utmost importance.

Sarojini Naidu College for Women is committed to ensuring students from all backgrounds achieve their full potential in various spheres of activity and to this effect, ever since its establishment, students of SNCW have demonstrated academic talent and commitment irrespective of their social, religious, or economic background.