



WEST BENGAL STATE UNIVERSITY
B.Sc. Honours 6th Semester Examination, 2022

FNTADSE06T-FOOD AND NUTRITION (DSE3/4)

NUTRITIONAL MANAGEMENT AND COUNSELLING

Time Allotted: 2 Hours

Full Marks: 40

*The figures in the margin indicate full marks.
Candidates should answer in their own words and adhere to the word limit as practicable.*

Answer any four questions from the following

1. Discuss the role of the following in diet counselling in a rural area with 2+2+2+2+2 examples of each:
 - (i) Models
 - (ii) Charts
 - (iii) Posters
 - (iv) AV aids
 - (v) Handouts.

2. Discuss the ethical principles of diet counselling. How is diet counselling done for people with non-communicable diseases?

3. (a) What is the role of lifestyle dietitian in a medical team? 4+(2+4)
(b) Name two lifestyle disorders on which counselling can be done. What could be focus of such intervention?

4. How can nutritional counselling help an old person? What should be the qualities of a geriatric counsellor? 5+5

5. What are the common nonverbal communications used in counselling? Write a note on pre-test counselling. 5+5

6. What is HIV/AIDS? What is the role of a counsellor for such a patient suffering from HIV/AIDS during 2+4+4
 - (i) his/her stay in hospital
 - (ii) follow up treatment

7. Who is a geriatric person? What is the significance of counselling a geriatric person in respect of
- (i) dietary intake
 - (ii) importance of physical activity
 - (iii) social mingling
 - (iv) frailty related issues
 - (v) social taboos.
8. What is the role of a counsellor in community outreach activities like a blood donation camp? What particulars are needed to be submitted by the counsellor to outreach department for each camp? 5+5
9. What are CVD? What is the importance of this disease in our country? How can counselling play an important role in combating this disorder? 2+3+5

N.B. : *Students have to complete submission of their Answer Scripts through E-mail / Whatsapp to their own respective colleges on the same day / date of examination within 1 hour after end of exam. University / College authorities will not be held responsible for wrong submission (at in proper address). Students are strongly advised not to submit multiple copies of the same answer script.*

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