

REPORT ON NUTRICEPTION 2021-THE VIRTUAL INTERNATIONAL NUTRIFEST TO CELEBRATE NATIONAL NUTRITION MONTH

IQAC and the Department of Food and Nutrition of Sarojini Naidu College for Women has ushered in an Epar Bangla-Opar Bangla Meet by organizing the SECOND SEASON OF BIGGEST VIRTUAL NUTRIFEST OF EASTERN INDIA, NUTRICEPTION 2021 to celebrate the National Nutrition Month, which not only fostered a sense of unity between INDIA and BANGLADESH but also went a long way in realizing the common nutritional needs and awareness requirements among the two neighbouring countries with a very closely knit demography.

NUTRICEPTION since its inception has aimed at imparting nutrition knowledge and greater awareness about dietetics and well-being in today's world and it also aims at inculcating a sense of pride amidst the Nutrition and Dietetic Professionals which would lead to a Nutrition Revolution in the near future.

The programme included three online competitions, NUTRIMETRIX (SEASON-2): National E-Nutri-Quiz Competition, NUTRIFY-INDIA (SEASON-2): National Digital Poster Making Competition and VOCAL FOR LOCAL: National Recipe Competition with Local & Homegrown Foods.

This year, NUTRICEPTION has also been involved in plantation activities by the students of Food and Nutrition Department and in collaboration with the Physical Education Department of Sarojini Naidu College for Women, it promoted the importance of Exercise and Yoga in maintenance of a healthy lifestyle.

There was also a LIVE VIRTUAL PROGRAMME from the college's official youtube platform to supplement these events on 29th September 2021 at 7 pm with Dr.Urmila Ukil, Principal, Sarojini Naidu College for Women, inaugurating the sacrosanct occasion. This was followed by keynote speeches of Dr. Santwana Chakrabarti, IQAC Coordinator, SNCW, who detailed about the strides of SNCW, Food and Nutrition Department towards building a healthy society and imparting Practical Education.

Urmila Ukil
28.1.22

Principal
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Then apart from the announcement of the results of the abovementioned three events, eminent speakers like Dr Supratim Karmakar (Dermatologist, Medical College, Kolkata), Dt Sasikala C (Chief Dietitian, Avitis Institute of Medical Science, Kerala), Dr Soumyasis De (MD-PGT, Paediatrics, R G Kar Medical College, Kolkata) and Dt Sazed Kashem Jyoti (Clinical Dietitian and Nutritionist, Executive Director, BADN, HE Officer, BADAS, Ex-Renal Dietitian, Bangladesh) have imparted valuable insights on various topics at Nutrception 2021.

The program ended with the much-anticipated session "Career Prospects and Scope of Nutritionists in India by the Convener", where Dt Rima Mandal, Convener of NUTRICEPTION 2021 and HOD of Food and Nutrition Department, gave students a basic insight into the career opportunities.

There were more than a thousand participations from students and teachers alike from all over India like the states Tamilnadu, Kerala, Uttarpradesh, Jammu & Kashmir, Delhi, Bihar, Chattisgarh, Maharashtra, Rajasthan, Uttarakhand, Punjab, Assam, Tripura, West Bengal, and even from Bangladesh, Malaysia, Singapore, and a few European countries as well showcased their talents and enriched NUTRICEPTION in its second year.

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